

EVENT REPORT
**“TRAINING OF UNIVERSITY STUDENTS OF
 RAWALPINDI/ISLAMABAD FOR PROVIDING
 ORIENTATION ON SUSTAINABLE DEVELOPMENT GOALS”**



Project Title:	Sustainable Development Goals & Youth of Pakistan
Training Title:	Sustainable Development Goals & Youth of Pakistan
Organized By:	Human Resource Development Network
Funding Agency:	Oxfam
Location:	COMSATS University, Islamabad
Dates:	25th – 26th Feb, 2020
Training Participants:	Students of COMSATS University, Islamabad

Introduction of SDGs' & Youth of Pakistan Project

Human Resource Development Network (HRDN) is a membership-based think tank of national and international NGOs and individual professionals. Since 1999 HRDN is strengthening individual and institutional competencies by facilitating development and evidence-based policy advocacy to promote sustainable development.

HRDN has collaborated with leading Universities of Rawalpindi/Islamabad to implement Sustainable Development Goals & Youth of Pakistan Project funded by Oxfam GB. This pilot project will contribute in developing human capital and galvanizing support for meeting the SDGs' target through awareness and active engagement of selected youth groups through two days training workshops on selected five SDGs' to be held on multiple locations as the need be. The HEC recognized universities of Rawalpindi/Islamabad were taken onboard to nominate distinctive students to become the part of Young Volunteer Corps to assist in practical work for the social and economic development of the country.

1. Overview of the Training Session

HRDN, in collaboration with Oxfam GB organized the last two days training event with the students of COMSATS University Islamabad to orient them on SDGs' in line with Government agenda, targets and indicators.

The training team consisted of external resource persons from SDG Unit – Planning Commission of Pakistan, lead trainers/Consultants of development sector, Oxfam and HRDN.

A total of 29 students of from COMSATS University attended the training.

2. Objectives of the Training Session

- Orient youth on all SDGs, progress on SDG's, Government of Pakistan's adoption of SDGs as national agenda and how to achieve indicators under a few selected goals.
- Develop understanding about various threats and issues related to gender inequality, rising inequalities, economic growth and work opportunities, weak institutions and climate change.
- Increase awareness about the actions that can be taken to address these issues with specific focus on actions that can be undertaken in individual capacity or in groups.
- Enhance skills of participants to gather evidence about gaps & targets against specific SDGs and investigate about successful models/ approaches that could be scaled up towards achieving relevant SDGs.
- Guide the participants in establishing linkages with the other national, regional and international forums of young people for influencing the progress against these goals.

3. Training Methodology/Techniques

The methodology comprised of a multitude of the training tools for experiential learning, deeper understanding and retention of the knowledge gained on SDGs. The training tools used are enlisted below:

- Games
- Quiz
- Video Clips
- Interactive Presentations
- Group Exercises
- Individual Assignments
- Brainstorming Sessions and Discussions
- Q & A's Sessions

4. Training Proceedings

After recitation of the Holy Verses from Holy Quran, the CEO HRDN Ms. Robeela Bangash formally opened the training with a welcome note. She provided a comprehensive overview of the context and objectives of training and the expectations of Oxfam GB, the funding agency, in this regard. She also provided a brief introduction to the project and HRDN. Her opening speech was followed by activity-based introduction of training participants and training team. Expectations and concerns were matched to the training objectives and programme and the agreement on ground-rules for the workshop was attained. A brief assessment through a pre- test tool was conducted to assess participants' initial understanding of SDGs' at the outset of the event as baseline.



MODULE 1- SDG OVERVIEW

This module provided a brief overview of the seventeen SDGs, background of SDGs, goals, targets, and the differences that exist between the Millennium Development Goals (MDGs) and Sustainable Development Goals (SDGs). The participants were engaged in an interesting game called "Go Goals". The purpose of this game was to help participants understand the Sustainable Development Goals, how they impact individual lives and the little acts one can include in daily lives that can help us achieve the 17 goals by 2030.



MODULE 2- SDG 05 (GENDER EQUALITY)

This module provided information on key concepts on gender, gender norms, roles, relations through an interactive learning activity “Place me”. The concepts of gender equality, gender discrimination and violence against women were also explained to the participants.



A brief explanation was provided to the participants on National Framework- SDG 05. The participants were made involved in a group activity, “Did We Know That”, to make them understand gender issues in a local context.

At the end of the module a discussion on how individual contribution can lead to reduced gender inequality, was generated amongst the participants.

MODULE 3- SDG 08 (DECENT WORK)

This module initiated with an activity “Pick and Stick” in which three play cards titled Social Development, Economic Development and Decent Work were pasted. The participants had to paste under each category the word/statements they believed belonged to each and further find the inter-linkages between the three. A brief explanation was provided to the participants on National Framework- SDG 08.



The participants were divided into groups to find solutions to certain local scenario-based problems that were put forward for a clearer understanding of local context with deeper lens to find solutions. Some of the acknowledgeable local and global initiatives taken were highlighted. The module was ended with a discussion on how a small act can lead to a significant impact.

MODULE 4 - SDG 10 (REDUCE INEQUALITIES)

The participants were introduced with the concept of inequality through an activity “Power Walk”. The participants were assigned certain characters based on gender, ethnicity, age, economic status and disabilities. They had to either take a step forward or backwards based on the statements read by the trainer. This concept was further connected and linked with social, political and economic exclusion. A brief explanation was provided to the participants on National Framework- SDG 10



A true or false statement-based Quiz was conducted which included Global and National perspectives questions. This aimed at highlighting different dimensions/forms of inequalities and exclusions.

MODULE 5 - SDG 13 (CLIMATE ACTION)

The module took its start with an engaging learning activity “Tic-Tac-Toe Do I Know about Climate Change” through which the participants learnt the basic definitions of climate change, global warming, greenhouse gases, climate change mitigation and climate change adaptation. A series of ranking statements were provided to them to understand the climate change causes and impacts. A descriptive fact sheet on Pakistan’s Climate change was given to the participants in a group activity which intended to make them aware of the causes of climate change in national context and how it impacts our major sectors of water, agriculture and energy. A brief explanation was provided to the participants on National Framework- SDG 13. The module was concluded with two consecutive activities; one “carbon footprint” and the other “Battle climate change”. The first activity aimed at making them understand how human actions impact the environment. Battling climate change focused on the measures that could be taken at a local level to combat climate issues.

MODULE 6 - SDG 16 (PEACE AND RULE OF LAW)

This module provided understanding through two productive learning activities. The first one “Can You Name the Statement” targeted at developing the concepts of peace, rule of law, accountability and rights and responsibilities of good citizens. A quick overview of National Framework was given to the participants. The module was concluded with an individual activity which required them to find out the international days against the given dates as well as asked of them to prepare slogans for each international day.



CONCLUDING SESSION

The CEO HRD Network Miss Robeela Bangash wrapped up the session by expressing her gratitude to the participants for their participation and keen involvement. She also requested the participants to discuss their Social Action project ideas in their social circle and thereupon submit their concept notes to HRDN. The participant filled the feedback forms given to them and towards the end certificates were distributed among them. The training was then formally closed.

5. Feedback/Suggestion:

- Proved very informative, helpful and encouraging
- Interaction was encouraged throughout
- Provision of awareness inspiring motivation
- Training team commended on it's management, material and delivery
- Friendly environment
- An overall outstanding experience
- A need for more such youth based trainings
- Weekends should be selected instead of weekdays for students

6. Training at Glance!

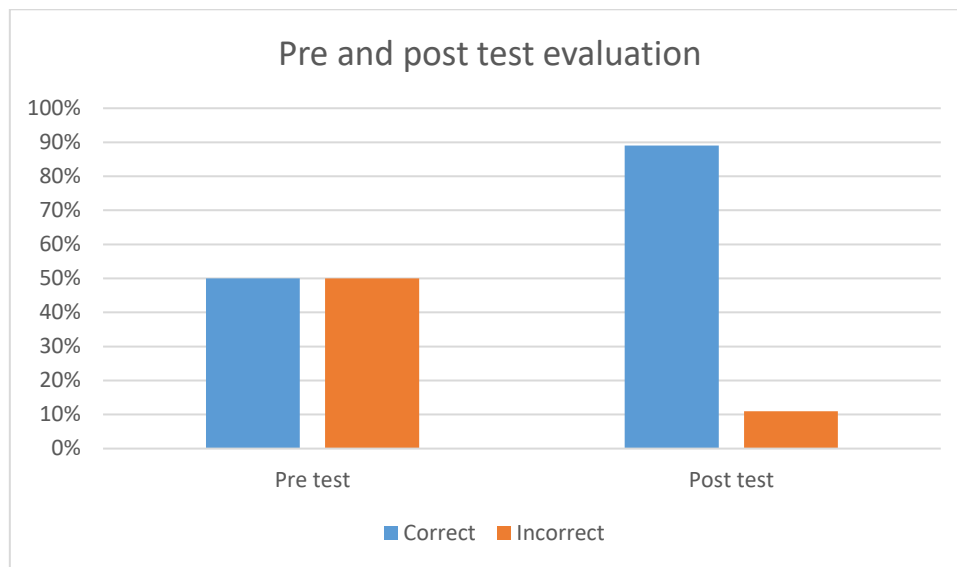
In this training session, Human Resource Development Network has trained:

University: COMSATS University Islamabad
Departments:
Number: 29 participants
Education: Master's level
Gender: 09 male, 22 female

7. Training Evaluation

Pre-test /Post test

Type	Pre test	Post test
Correct	50%	89%
Incorrect	50%	11%



8. Statistics

	Pre test			Post test		
	Correct	Incorrect	total	Correct	Incorrect	Total
Q. 1	17	12	29	29	0	29
Q. 2	10	19	29	29	0	29
Q.3	21	8	29	27	2	29
Q. 4	18	11	29	29	0	29
Q. 5	22	8	29	29	0	29
Q. 6	19	10	29	26	3	29
Q. 7	17	12	29	28	1	29
Q. 8	10	19	29	23	6	29
Q. 9	0	29	29	11	18	29
Q. 10	12	17	29	28	1	29
Total	146	145	290	259	31	290
	50%	50%		89%	11%	



The overall feedback from the participants was very satisfyingly uplifting. The details to this training feedback analysis are as follows:

The overall feedback from the participants was positive and motivating. They shared as how the training event has added to their knowledge and understanding of the SDGs. They also appreciated training delivery and modus operandi and liked the degree to which it was interactive. They commented that despite shortage of time, the training delivery has provided them in depth understanding as participants believed they acquired awareness on many new topics which they never heard earlier.

The training sessions and overall training environment were considered friendly and the management of training was satisfactory. They also showed their satisfaction on the training delivery. They admired the supportive and accommodative attitude of the training team. They were satisfied with the training material. On the overall, they rated the training as an overwhelming experience which exposed them to an altogether new concept. They suggested that similar trainings should be provided to young students as these introduce them with unconventional concepts and the challenges that they are going to face in their practical lives.

9. Group Photograph



10. Agenda

Time	Session - Day 1
09:00-11:00	Setting the stage
	Registration
	Introduction to HRDN and Oxfam
	Introduction of participants
	Introduction of training and logistics
	Participant's expectation from training
	Training Objectives
11:00-11:20	Tea Break
11:20-12:20	Sustainable Development Goals- Overview
	Targets and Goals
	MDGs and SDGs-Similarities and Differences
12:20-13:20	Go Goals- Game on SDGs
	Sustainable Development Goal 05 (Gender Equality)
	Understanding Key concepts- group exercise
13:20-14:20	Videos on Gender
	National Framework
13:20-14:20	Lunch Break
14:20-15:10	Understanding key issues in local context
15:10-17:00	Sustainable Development Goal 08 (Decent Work)
	Understanding Key concepts
	Global and local fact sheet-quiz
	Using missing links to identify solutions- group exercise

Time	Session - Day 2
09:00-09:20	Review / recap of previous day
09:20-11:05	Sustainable Development Goal 10 (Reduce inequalities)
	Power walk-understanding key concepts
	Outsiders- concept of inclusion and exclusion
	True or false- understanding inequality in local context
	Identifying solutions-lateral thinking
11:05-11:30	Tea break
11:30-13:15	Sustainable Development Goal 13 (Combat Climate Change)
	Do I know about climate change-Key concepts
	Ranking climate change causes- causes and impact
	Understanding climate change in local context
13:15-14:15	Carbon footprint- Climate change adverse effects
	Measures at local level
13:15-14:15	Lunch Break
14:15-16:00	Sustainable Development Goal 16 (Peace and rule of law)
	Understanding Key Concepts-Group exercise
	National framework
	Understanding local context-Group activity
	International days and slogans
16:00-17:00	Workshop Evaluation and Closer
	Post test
	Training Evaluation
	Closing Remarks
	Certificate distribution and group Photo

11. Picture Gallery

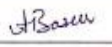
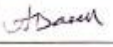
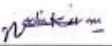
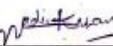

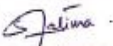
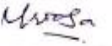
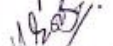


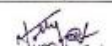
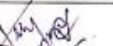
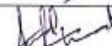
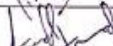
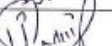
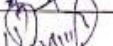


12. Attendance Sheet



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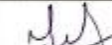
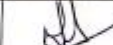
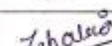
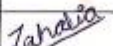

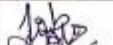


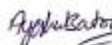
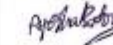
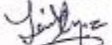
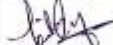
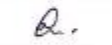
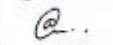
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