

EVENT REPORT
“TRAINING OF UNIVERSITY STUDENTS OF RAWALPINDI/ISLAMABAD FOR PROVIDING ORIENTATION ON SUSTAINABLE DEVELOPMENT GOALS”



Project Title:	Sustainable Development Goals & Youth of Pakistan
Training Title:	Sustainable Development Goals & Youth of Pakistan
Organized By:	Human Resource Development Network
Funding Agency:	Oxfam
Location:	IRM Complex, Islamabad
Dates:	20th – 21st Feb, 2020
Training Participants:	International Islamic University, Islamabad

1. Introduction of SDGs' & Youth of Pakistan Project

Human Resource Development Network (HRDN) is a membership-based think tank of national and international NGOs and individual professionals. Since 1999 HRDN is strengthening individual and institutional competencies by facilitating development and evidence-based policy advocacy to promote sustainable development.

HRDN has collaborated with leading Universities of Rawalpindi/Islamabad to implement Sustainable Development Goals & Youth of Pakistan Project funded by Oxfam GB. This pilot project will contribute in developing human capital and galvanizing support for meeting the SDGs' target through awareness and active engagement of selected youth groups through two days training workshops on selected five SDGs' to be held on multiple locations as the need be. The HEC recognized universities of Rawalpindi/Islamabad were taken onboard to nominate distinctive students to become the part of Young Volunteer Corps to assist in practical work for the social and economic development of the country.

2. Overview of the Training Session

HRDN, in collaboration with Oxfam GB organized the second last two days training event with the students of International Islamic University Islamabad to orient them on SDGs' in line with Government agenda, targets and indicators.

The training team consisted of external resource persons from SDG Unit – Planning Commission of Pakistan, lead trainers/Consultants of development sector, Oxfam and HRDN.

A total of 32 students of from International Islamic University attended the training.

3. Objectives of the Training Session

- Orient youth on all SDGs, progress on SDG's, Government of Pakistan's adoption of SDGs as national agenda and how to achieve indicators under a few selected goals.
- Develop understanding about various threats and issues related to gender inequality, rising inequalities, economic growth and work opportunities, weak institutions and climate change.
- Increase awareness about the actions that can be taken to address these issues with specific focus on actions that can be undertaken in individual capacity or in groups.
- Enhance skills of participants to gather evidence about gaps & targets against specific SDGs and investigate about successful models/ approaches that could be scaled up towards achieving relevant SDGs.
- Guide the participants in establishing linkages with the other national, regional and international forums of young people for influencing the progress against these goals.

4. Training Methodology/Techniques

The methodology comprised of a multitude of the training tools for experiential learning, deeper understanding and retention of the knowledge gained on SDGs. The training tools used are enlisted below:

- Games
- Quiz
- Video Clips
- Interactive Presentations
- Group Exercises
- Individual Assignments
- Brainstorming Sessions and Discussions
- Q & A's Sessions

5. Training Proceedings

This session commenced with the recitation of the Holy Quran. . It continued with the participants' and facilitators' introductions. Participants' introduction was done through an activity. The session also included clarification of participants' expectations and concerns, overview of training objectives and programme and the agreement on ground-rules for the workshop. A brief



assessment through a pre- test was conducted to assess participants' initial understanding of SDGs. The CEO HRDN gave a brief introduction of HRDN and the background of the project

MODULE 1- SDG OVERVIEW

First module started with an in-depth insight into the differences between the SDGs and MDGs. The participants were engaged in an interesting game called "Go Goals". The participants were provided with a game board onto which they had to throw a dice and thereupon answer a question about the SDGs. This game aimed at helping participants understand the Sustainable Development Goals, how they impact individual lives and the little acts one can include in daily lives that can help us achieve the 17 goals by 2030.



MODULE 2- SDG 05 (GENDER EQUALITY)

This module on gender equality started with an activity in which two title heading play cards were pasted on a wall under which the participants had to paste the words/ expressions that signified gender roles, traits and beliefs. At the end of the activity a discussion was generated and further linked with the key concepts on gender, gender norms, roles, relations. The concepts of gender equality, gender discrimination and violence against women were also explained to the participants. After a brief explanation to the participants on National Framework- SDG 05, the participants were made involved in a group activity, “Did We Know That”, to make them understand gender issues in a local context.



At the end of the module a discussion on how individual contribution can lead to reduced gender inequality, was generated amongst the participants.

MODULE 3- SDG 08 (DECENT WORK)

The third module, Decent Work, began with an educational activity "Pick and Stick" created the understanding of basic principles of social development, community development, sustainable change and decent work. Participants were briefly clarified on the National Framework-SDG 08.

Working in groups, the participants found solutions to some local scenario-based problems which were proposed to clarify the local context with a deeper focus to identify solutions. Some of the established measures taken locally and internationally were stressed.

MODULE 4 - SDG 10 (REDUCE INEQUALITIES)

In the case of the activity "Power Walk," which started the fourth module, Reduce Inequalities, the participants understood the concept of inequality to a greater extent. It was linked and connected further to social, political and economic exclusion. A brief explanation was provided to the participants on National Framework- SDG 10.



Quiz was administered in a true or false manner that included questions of global and regional viewpoints. This was intended to highlight different dimensions / forms of discrimination and exclusion. The curriculum included an invigorating group activity called lateral thinking.

MODULE 5 - SDG 13 (CLIMATE ACTION)

The fifth module, Climate Change, started off with a stimulatory learning experience allowing participants to learn basic concepts of climate change, global warming, greenhouse gases, mitigation and adaptation to climate change. The stimulatory experience was called "Tic-Tac-Toe Do I Know About Climate Change." They received a number of leading statements to understand the causes and effects of climate change. Participants in a group activity, to raise awareness of the causes and effects of climate change in a national sense, were provided with a concise fact sheet on Pakistan's climate change and how it impacts our major sectors of water, agriculture and energy. A brief overview of the SDG 13 national structure was given to the participants. Two consecutive tasks ended the module: one "carbon footprint" and another "Combat Climate Changes." The first task was to make them understand how human activities affect the environment. The second one focused on battling climate change and focused on the measures that could be taken at a local level to combat climate issues.

MODULE 6 - SDG 16 (PEACE AND RULE OF LAW)

The sixth module, Peace and Rule of Law, was the last of the session. Its first learning activity "Can You Name the Statement" targeted the evolution of the conceptions of harmony, the rule of law, accountability for good citizens' rights and responsibilities. The participants got a quick overview of the National Framework. At the end of the section, they performed a single activity, requiring them to locate the international days and to prepare slogans for each international day.

CONCLUDING SESSION

After Post-test activity, the participants were provided with and filled out input or feedback forms. The CEO HRD Network Miss Robeela Bangash concluded the session by extending her gratitude to the participants. She also requested the participants to discuss their Social Action project ideas in their social circle and then submit their concept notes to HRDN.

6. Feedback/Suggestion:

- An excellent effort full of guidance
- A great learning experience
- Inspired change in minds and perspectives
- Nothing was boring or monotonous
- Methodology, training material and training delivery was thought to be great
- An impressive balance of theory and practice
- An outstanding management
- An effortless understanding developed
- More such training should be conducted in the future
- Increase number of days for days
- Increase the addition of documentaries

- Islamic and religious perspectives can be added

7. Training at Glance!

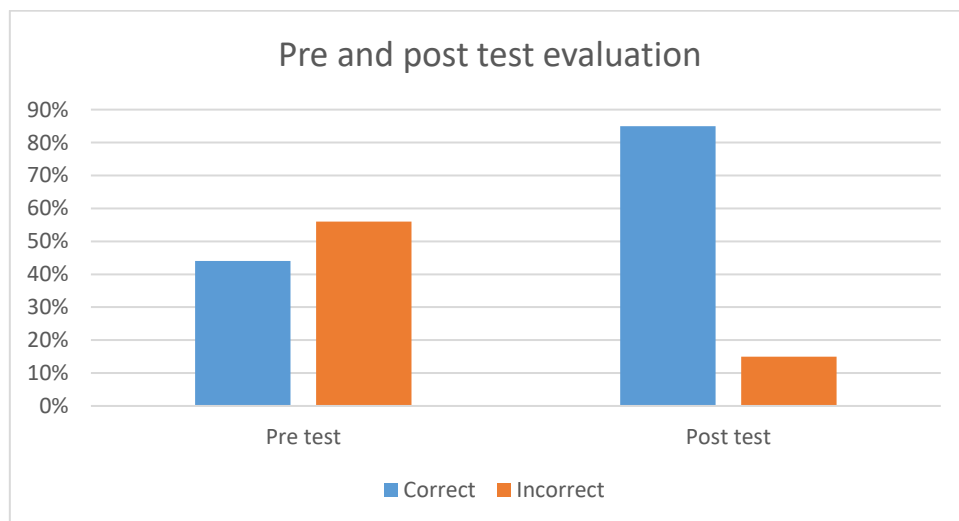
In this training session, Human Resource Development Network has trained:

University: Islamic International University
Islamabad
Departments:
Number: 32 participants
Education: Master's level
Gender: All female

8. Training Analysis

Pre-test /Post test

Type	Pre test	Post test
Correct	44%	85%
Incorrect	56%	15%



9. Statistics

Pre test

Post test

	Correct	Incorrect	total	Correct	Incorrect	Total
Q. 1	15	17	32	32	0	32
Q. 2	9	23	32	32	0	32
Q.3	15	17	32	20	12	32
Q. 4	15	17	32	27	5	32
Q. 5	20	12	32	31	1	32
Q. 6	12	20	32	30	2	32
Q. 7	18	14	32	29	3	32
Q. 8	23	9	32	15	17	32
Q. 9	2	30	32	25	7	32
Q. 10	12	20	32	32	0	32
Total	141	179	320	273	47	320
	44%	56%		85%	15%	

Training Feedback Analysis



The feedback received from the participants was highly encouraging. The details to this training feedback analysis are as follows:

The qualitative feedback from the participants was greatly positive and uplifting as they described the training session as a 'great experience' which changed their minds and outlooks immensely. They believed it was an excellent effort put with such an enlightening guidance where they learnt an abundance of new things. They expressed their satisfaction the way entire training event was managed; how they did not get bored throughout the whole session and how easily understandable the activities which were said to be of 'great learning' were.

They also appreciated the training methodology as there was a fine balance between theory and practice. The training delivery and training material was thought to be very good in their opinion. For them it was such great experience the knowledge from which could be used in future reference. Their suggestions, however, stated that the number of days should be increased as well as the documentaries included in the session should be increased in number. In addition to this, they expressed their desire of advance trainings in the same field where all 17 SDGs are covered in depth. Lastly they also added that the Islamic and religious perspectives can also be added in the training module.

10. Group Photograph



11. Agenda

Time	Session - Day 1
09:00-11:00	Setting the stage
	Registration
	Introduction to HRDN and Oxfam
	Introduction of participants
	Introduction of training and logistics
	Participant's expectation from training
	Training Objectives
11:00-11:20	Tea Break
11:20-12:20	Sustainable Development Goals- Overview
	Targets and Goals
	MDGs and SDGs-Similarities and Differences
12:20-13:20	Go Goals- Game on SDGs
	Sustainable Development Goal 05 (Gender Equality)
	Understanding Key concepts- group exercise
13:20-14:20	Videos on Gender
	National Framework
13:20-14:20	Lunch Break
14:20-15:10	Understanding key issues in local context
15:10-17:00	Sustainable Development Goal 08 (Decent Work)
	Understanding Key concepts
	Global and local fact sheet-quiz
	Using missing links to identify solutions- group exercise

Time	Session - Day 2
09:00-09:20	Review / recap of previous day
09:20-11:05	Sustainable Development Goal 10 (Reduce inequalities)
	Power walk-understanding key concepts
	Outsiders- concept of inclusion and exclusion
	True or false- understanding inequality in local context
	Identifying solutions-lateral thinking
11:05-11:30	Tea break
11:30-13:15	Sustainable Development Goal 13 (Combat Climate Change)
	Do I know about climate change-Key concepts
	Ranking climate change causes- causes and impact
	Understanding climate change in local context
	Carbon footprint- Climate change adverse effects
	Measures at local level
13:15-14:15	Lunch Break
14:15-16:00	Sustainable Development Goal 16 (Peace and rule of law)
	Understanding Key Concepts-Group exercise
	National framework
	Understanding local context-Group activity
	International days and slogans
16:00-17:00	Workshop Evaluation and Closer
	Post test
	Training Evaluation
	Closing Remarks
	Certificate distribution and group Photo

12. Picture Gallery



13. Attendance Sheet

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S#	Name of participants	Contact	Email	Institution Name	Signature Day-1	Signature Day-2
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