

EVENT REPORT

“TRAINING OF UNIVERSITY STUDENTS OF RAWALPINDI/ISLAMABAD FOR PROVIDING ORIENTATION ON SUSTAINABLE DEVELOPMENT GOALS”



Project Title:	Sustainable Development Goals & Youth of Pakistan
Training Title:	Sustainable Development Goals & Youth of Pakistan
Organized By:	Human Resource Development Network
Funding Agency:	Oxfam
Location:	IRM Complex,
Dates:	30th - 31st December, 2019
Training Participants:	Students of Quaid-i-Azam University, Islamabad

1. Introduction of SDGs' & Youth of Pakistan Project

Human Resource Development Network (HRDN) is a membership-based think tank of national and international NGOs and individual professionals. Since 1999 HRDN is strengthening individual and institutional competencies by facilitating development and evidence-based policy advocacy to promote sustainable development.

HRDN has collaborated with leading Universities of Rawalpindi/Islamabad to implement Sustainable Development Goals & Youth of Pakistan Project funded by Oxfam GB. This pilot project will contribute in developing human capital and galvanizing support for meeting the SDGs' target through awareness and active engagement of selected youth groups through two days training workshops on selected five SDGs' to be held on multiple locations as the need be. The HEC recognized universities of Rawalpindi/Islamabad were taken onboard to nominate distinctive students to become the part of Young Volunteer Corps to assist in practical work for the social and economic development of the country.

2. Overview of the Training Session

HRDN, in collaboration with Oxfam GB organized the first two days training event with the students of Quaid-i-Azam University Islamabad to orient them on SDGs' in line with Government agenda, targets and indicators.

The training team consisted of external resource persons from SDG Unit – Planning Commission of Pakistan, lead trainers/Consultants of development sector, Oxfam and HRDN.

A total of 23 students of Anthropology and Gender Studies Departments from Quaid-i-Azam University attended the training.

"Attending this training was something different and interesting. This training has strengthened and polished my skills and now I am committed to designing Social Action Projects. I will work on my locality, with the moto of Grow, Give, Celebrate".

*Kalsoom - Gender Studies
Department Quaid-i-Azam
University*

3. Objectives of the Training Session

- Orient youth on all SDGs, progress on SDG's, Government of Pakistan's adoption of SDGs as national agenda and how to achieve indicators under a few selected goals.
- Develop understanding about various threats and issues related to gender inequality, rising inequalities, economic growth and work opportunities, weak institutions and climate change.
- Increase awareness about the actions that can be taken to address these issues with specific focus on actions that can be undertaken in individual capacity or in groups.

- Enhance skills of participants to gather evidence about gaps & targets against specific SDGs and investigate about successful models/ approaches that could be scaled up towards achieving relevant SDGs.
- Guide the participants in establishing linkages with the other national, regional and international forums of young people for influencing the progress against these goals.

4. Training Methodology/Techniques

The methodology comprised of a multitude of the training tools for experiential learning, deeper understanding and retention of the knowledge gained on SDGs. The training tools used are enlisted below:

- Games
- Quiz
- Video Clips
- Interactive Presentations
- Group Exercises
- Individual Assignments
- Brainstorming Sessions and Discussions
- Q & A's Sessions

5. Training Proceedings

After recitation of the Holy Verses from Holy Quran, the CEO HRDN Ms. Robeela Bangash formally opened the training with a welcome note. She provided a comprehensive overview of the context and objectives of training and the expectations of Oxfam GB, the funding agency, in this regard. She also provided a brief introduction to the project and HRDN. Her opening speech was followed by activity-based introduction of training participants and training team. Expectations and concerns were matched to the training objectives and programme and the agreement on ground-rules for the workshop was attained. A brief assessment through a pre- test tool was conducted to assess participants' initial understanding of SDGs' at the outset of the event as baseline.



Ms. Robeela Bangash (CEO – HRDN)

MODULE 1- SDG OVERVIEW

The resource person started by dividing goals into the four groups i.e. Social, Economic, Environmental, Governance followed by the lessons learnt from MDGs and the data reporting gaps. This informative, detailed and enlightening presentation proved to be an engrossing one to all the participants and helped the participants in their understanding and insight about seventeen SDGs', targets, and the differences that exist between the Millennium Development Goals (MDGs) and Sustainable Development Goals (SDGs).



Mr. Ali Kemal (Economic Policy Advisor – SDG Unit Planning Commission Pakistan)



For profound understanding of Sustainable Development Goals, their impact on individual lives and the little acts one can ensure in daily lives that can help us achieve the 17 goals by 2030, the participants were engaged in an interesting game called “Go Goals” which impact individual lives and the little acts one can include in daily lives that can help us achieve the 17 goals by 2030.

MODULE 2- SDG 05 (GENDER EQUALITY)

This module provided information on key concepts on gender, gender norms, roles, relations through an interactive learning activity “Place me”. The concepts of gender equality, gender discrimination and violence against women were also explained to the participants.

A brief explanation was provided to the participants on National Framework- SDG 05. The participants were involved in a group activity, “Did We Know That”, to make them understand gender issues in a local context.

At the end of the module a discussion on how individual contribution can lead to reduced gender inequality, was generated amongst the participants.



MODULE 3- SDG 08 (DECENT WORK)

An understanding of the basic concepts of Social development, economic development, economic growth and decent work was developed through an interactive activity “**Pick and Stick**”. A brief explanation was provided to the participants on National Framework- SDG 08.

The participants were divided into groups to find solutions to certain local scenario-based problems that were put forward for a clearer understanding of local context with deeper lens to find solutions. Some of the acknowledgeable local and global initiatives taken were highlighted.

The module was ended with a discussion on how a small act can lead to a significant impact.



Mr. Shahzad Shakeel, Project Officer-Youth from Oxfam, visited the training session during this module. He appreciated the participants for attending such a training and highly emphasized the role of youth in the development of the country. He also provided a detailed orientation on the operations of Oxfam GB in Pakistan and difference that Oxfam has so far made through its flagship national level projects. He particularly highlighted interventions pertaining to youth empowerment. He encouraged the participants to generate and develop certain Social Action projects which Oxfam will review and may consider outstanding projects designs for some funding assistance subject to availability of funds. He received a profusely overwhelming and encouraging response from the participants who expressed their desire to participate in similar training programmes in the future.



Mr. Shahzad Shakeel – Project Officer Youth Oxfam

MODULE 4 - SDG 10 (REDUCE INEQUALITIES)

The participants highly enjoyed the activity “**Power Walk**” through which they learnt the concept of inequalities. This concept was further connected and linked with social, political and economic exclusion.

A brief explanation was provided to the participants on National Framework- SDG 10.



A true or false “**Statement based Quiz**” was conducted which included Global and National perspectives questions. This aimed at highlighting different dimensions/forms of inequalities and exclusions.

MODULE 5 - SDG 13 (CLIMATE ACTION)

The module was given its start with a stimulating learning activity “**Tic-Tac-Toe Do I Know about Climate Change**” through which the participants learnt the basic definitions of climate change, global warming, greenhouse gases, climate change mitigation and climate change adaptation. A series of ranking statements were provided to them to understand the climate change causes and impacts. A descriptive fact sheet on Pakistan’s Climate change was given to the participants in a group activity which intended to



make them aware of the causes of climate change in national context and how it impacts our major sectors of water, agriculture and energy. A brief explanation was provided to the participants on National Framework- SDG 13. The module was concluded with two consecutive activities; one “carbon footprint” and the other “Battle climate change”. The first activity aimed at making them understand how human actions impact the environment. Battling climate change focused on the measures that could be taken at a local level to combat climate issues.

MODULE 6 - SDG 16 (PEACE AND RULE OF LAW)

The first learning activity of the module “**Can You Name the Statement**” targeted at developing the concepts of peace, rule of law, accountability and rights and responsibilities of good citizens. A quick overview of National Framework was given to the participants. At the end of the module an individual activity was conducted which required them to find out the international days against the given dates and they were further asked to prepare slogans creatively for each international day.

CONCLUDING SESSION

To conclude the training event, Ms. Robeela Bangash, CEO - HRDN acknowledged the invaluable inputs of OXFAM GB in initiating this pilot project, the Dean and Faculty of QAU for the collaboration and the participants for their commitment, positive approach and active participation during entire training. The trainers’, HRDN team and all those who contributed in administering this successful event were highly appreciated.

After the post-training evaluation tests were administered and the final course evaluation forms were filled in by the participants. The trainer shared closing remarks and reiterated the importance of the training for the trainees to remember and practice in their daily activities and their readiness for applying the learnt concepts in their practical lives. Certificates of completion were distributed among the participants at the end. The trainer requested the participants to discuss their Social Action project ideas with their peers and afterwards submit their concept notes to HRDN for further action. Participant feedback forms were distributed and filled by the participants. The training was then formally closed by the CEO HRDN.



Ms. Robeela (CEO HRDN) is distributing certificates to participants



Group photo of HRDN, Oxfam, Trainer & Participants

6. Feedback/Suggestion:

- Engage participants in various projects
- Time shortage. This training needs to be of three days.
- Activities based content worked for them to learn more
- Training methodology was very great.
- Concepts were cleared through activities
- Way of training delivery was friendly
- Content was good and training knowledge is new learning for us.

7. Training at Glance!

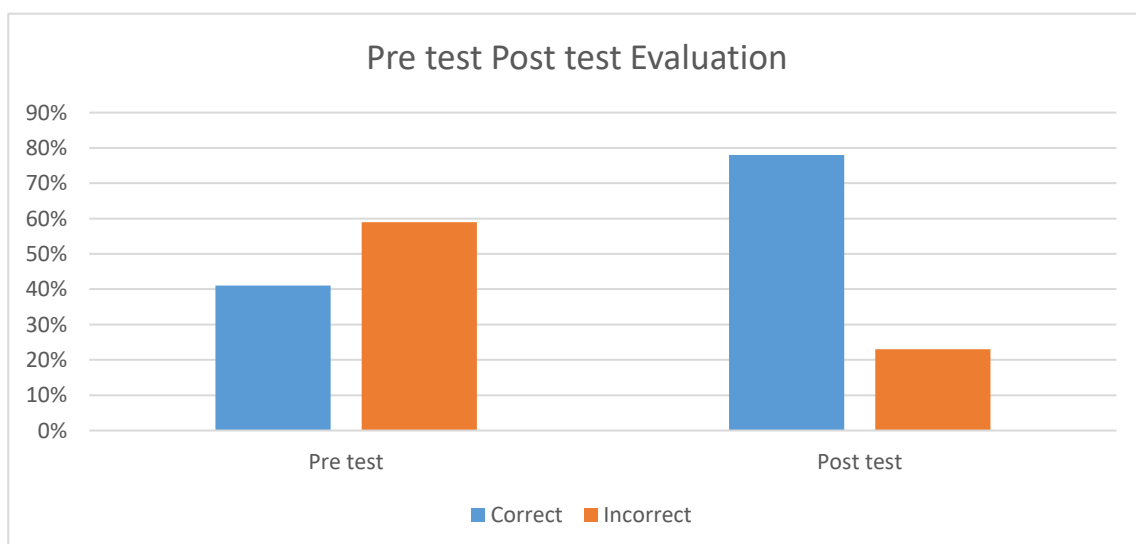
In this training session, Human Resource Development Network has trained:

University: Quaid-i-Azam University Islamabad
Departments: Anthropology and Gender Studies
Number: 23 participants
Education: Students of Masters and M. Phil
Gender: 19 Female and 04 Male

8. Training Evaluation

Pre-test /Post test

Type	Pre test	Post test
Correct	41%	78%
Incorrect	59%	23%



9. Statistics

	Pre test			Post test		
	Correct	Incorrect	total	Correct	Incorrect	Total
Q. 1	15	5	20	19	1	20
Q. 2	9	11	20	19	1	20
Q.3	14	6	20	17	3	20
Q. 4	7	13	20	15	5	20
Q. 5	11	9	20	13	7	20
Q. 6	6	14	20	18	2	20
Q. 7	9	11	20	20	0	20
Q. 8	7	13	20	19	1	20
Q. 9	2	18	20	2	18	20
Q. 10	2	18	20	13	7	20
Total	82	118	200	155	45	200
	41%	59%		78%	23%	



The overall feedback from the participants was highly convincing and positive. The graphic presentation of the training feedback is given above; while a statistical analysis of 20 participants of the same is as follows:

Particulars	Evaluation Categories			
	Fair	Good	Very Good	Excellent
Training Material	-	5%	65%	30%
Training Delivery		10%	60%	30%
Training Duration	15%	45%	35%	5%
Training Facility		5%	35%	60%
Overall Satisfaction Level		15%	35%	50%

The qualitative feedback from the participants was highly moving and encouraging as the participants considered the training session to be highly informative and fruitful for their personal lives as well as professional endeavors. They specially praised and appreciated the methodology of the training sessions. The participants also acknowledge the organized and coherent team effort at the end of HRDN and the Lead Trainer as every move in the training and every item required thereof were concise and in order. The participants commented that besides gaining knowledge on the SDGs, they have also learnt how such professional training events are planned and executed. They highlighted that the training arrangements were beyond their expectations and the interactive sessions kept them alert and engaged throughout the training. They found the training environment comfortable and highly conducive for learning purposes. However, the participants suggested that the participants' selection criteria should be flexible so that a greater number of students can get a chance to participate. Likewise, the training duration should be increased by at least one more day.

10. Group Photograph



11. Training Agenda

Time	Session - Day 1
09:00-11:00	Setting the stage
	Registration
	Introduction to HRDN and Oxfam
	Introduction of participants
	Introduction of training and logistics
	Participant's expectation from training
	Training Objectives
	Pre- Test
11:00-11:20	Tea Break
11:20-12:20	Sustainable Development Goals- Overview
	Targets and Goals
	MDGs and SDGs-Similarities and Differences
	Go Goals- Game on SDGs
12:20-13:20	Sustainable Development Goal 05 (Gender Equality)
	Understanding Key concepts- group exercise
	Videos on Gender
	National Framework
13:20-14:20	Lunch Break
14:20-15:10	Understanding key issues in local context
15:10-17:00	Sustainable Development Goal 08 (Decent Work)
	Understanding Key concepts
	Global and local fact sheet-quiz
	Using missing links to identify solutions- group exercise



Time	Session - Day 2
09:00 - 09:20	Review / recap of previous day
09:20 - 11:05	Sustainable Development Goal 10 (Reduce inequalities)
	Power walk-understanding key concepts
	Outsiders- concept of inclusion and exclusion
	True or false- understanding inequality in local context
	Identifying solutions-lateral thinking
11:05 - 11:30	Tea break
11:30 - 13:15	Sustainable Development Goal 13 (Combat Climate Change)
	Do I know about climate change- Key concepts
	Ranking climate change causes- causes and impact
	Understanding climate change in local context
	Carbon footprint- Climate change adverse effects
	Measures at local level
13:15 - 14:15	Lunch Break
14:15 - 16:00	Sustainable Development Goal 16 (Peace and rule of law)
	Understanding Key Concepts-Group exercise
	National framework
	Understanding local context-Group activity
	International days and slogans
16:00 - 17:00	Workshop Evaluation and Closer
	Post test
	Training Evaluation
	Closing Remarks
	Certificate distribution and group Photo

12. Picture gallery



I. Annex I



Attendance Sheet of the participants


Two day Training on Sustainable Development Goals
Attendance Sheet – Day 1


S #	Name of participants	Institution Name	Signature
✓	Shazia Bibi	Quaid-i- Azam university	<i>[Signature]</i>
✓	Syeda Wahecha Shafique	Quaid-i- Azam Uni	<i>[Signature]</i>
✓	Ayesha Khan	QAU	<i>[Signature]</i>
✓	ZILL-E-HUMA	Quaid-i- Azam university	<i>[Signature]</i>
✓	Atoofa Hafeez	Quaid-i- Azam	<i>[Signature]</i>
✓	SAIRA BILPEES	Quaid-i- Azam	<i>[Signature]</i>
✓	IQRA QURBAN	Quaid-i- Azam university	<i>[Signature]</i>
✓	ZAINAB JAMIL	Quaid-e- Azam University	<i>[Signature]</i>

Coordinator Signature: *[Signature]*



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Two day Training on Sustainable Development Goals
Attendance Sheet – Day 1


S #	Name of participants	Institution Name	Signature
	Banish Banish	Quaid-e- Azam uni	<i>[Signature]</i>
✓	Jaweria Ijaz	Quaid-i- Azam Uni	<i>[Signature]</i>
✓	Sohail Ahmad	QAU	<i>[Signature]</i>
	Noushad Ali	Quaid-i- Azam	<i>[Signature]</i>
✓	Di Rasheen	QAU	<i>[Signature]</i>
✓	Aamna Shabeen	QAU	<i>[Signature]</i>
✓	RIFFAT JAHAN	QUAID-I- AZAM UNI	<i>[Signature]</i>

Coordinator Signature: *[Signature]*

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Two day Training on Sustainable Development Goals
Attendance Sheet – Day 1


S #	Name of participants	Institution Name	Signature
✓	Nazmeen Rani	Quaid-i- Azam University	<i>[Signature]</i>
✓	AYESHA ILYAS	Quaid-e- Azam University	<i>[Signature]</i>
✓	SHARMEEN KAOSAR	Quaid-e- Azam University	<i>[Signature]</i>
✓	Misha Ahmad	Quaid-e- Azam University	<i>[Signature]</i>
✓	ZARMEEN KAOSAR	Quaid-e- Azam University	<i>[Signature]</i>
✓	SHAQIRZ - KHAN	Quaid-e- Azam University	<i>[Signature]</i>
✓	KALSOOM	Quaid-e- Azam, Univ	<i>[Signature]</i>
	GUL MOHAMMAD	Quaid-e- Azam uni	<i>[Signature]</i>

Coordinator Signature: *[Signature]*

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Two day Training on Sustainable Development Goals
Attendance Sheet – Day 2



S #	Name of participants	Institution Name	Signature
✓	SYEDA WAJEEHA SHAFIQUE	QUAID-I-AZAM	<i>[Signature]</i>
✓	ZILL-E-HUMED	Quaid-I-Azam uni	<i>[Signature]</i>
✓	Shazia Bibi	Quaid-I. Azam uni	<i>[Signature]</i>
✓	Ayesha Khan	Q AU	<i>[Signature]</i>
✓	Zainab Jamil	Quaid-e-Azam uni	<i>[Signature]</i>
✓	Ayesha Ilyas	Quaid-e-Azam Uni	<i>[Signature]</i>
✓	SARA BILQUEES	Quaid-i-Azam Uni	<i>[Signature]</i>
✓	Najmeen Ravi	Quaid-i-Azam Uni	<i>[Signature]</i>

Coordinator Signature: *[Signature]*

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Two day Training on Sustainable Development Goals
Attendance Sheet – Day 2



S #	Name of participants	Institution Name	Signature
✓	IARA QURBAN	Quaid-i-Azam University	<i>[Signature]</i>
✓	ZARMEEN KAOSAR	Quaid-e-Azam University	<i>[Signature]</i>
✓	Misha Ahmed	Quaid-e-Azam University	<i>[Signature]</i>
✓	KALSOOM	Quaid-i-Azam, Univ.	<i>[Signature]</i>
✓	SHARMIEEN KAOSAR	Quaid-e-Azam Uni	<i>[Signature]</i>
✓	Sohail Ahmad	QAU	<i>[Signature]</i>
✓	ATOOFA HAFEEZ	Quaid-e-Azam Uni	<i>[Signature]</i>
✓	RIFFAT JAHAN	Quaid-e-Azam Uni	<i>[Signature]</i>

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Attendance Sheet – Day 2



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✓	Javeria Ijaz	Quaid-i-Azam Uni	<i>[Signature]</i>
✓	Aamna Shaheen	"	<i>[Signature]</i>
✓	Dil Nishreen	QAU	<i>[Signature]</i>
✓	SHAGUZZ-KHAN	QAU	<i>[Signature]</i>

Coordinator Signature: *[Signature]*

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